

# Dementia Meeting Centres

Meet with others, who like you, are adapting to changes brought about by living with dementia.

## Our four centres

### Worcester Bank House

Bank House, 7 Shaw Street, Worcester, WR1 3QQ.  
Mondays, 10:00am - 3:00pm.

### Malvern Link

St Matthias' Church, Church Road, Malvern, WR14 1LX.  
Tuesdays and Wednesdays, 10:00am - 3:00pm

### Worcester Dines Green

The Green Hub, Gresham Road, Dines Green, Worcester, WR2 5QS.  
Thursdays, 10:00am - 3:00pm

### Malvern Hills

Nora Parsons Day Centre, Venn Lane, Wichenford, WR6 6XY.  
Fridays, 10:00am - 3:00pm



Join us  
£25  
per day



MEETING CENTRES UK

**WORCESTER**  
**DEMENTIA MEETING CENTRE**

Part funded from the  
Worcestershire Meeting Centres  
Community Support Programme  
funded by Worcestershire County Council



Worcester &  
Malvern Hills

**ageUK**



malvern link  
**dementia**  
meeting centre



MEETING CENTRES UK

**MALVERN HILLS**  
**DEMENTIA MEETING CENTRE**

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# About dementia meeting centres

Meeting centres are a great low-cost community-based way of supporting people living with dementia, their families & carers. They provide a place where people are supported to understand and adapt to living with dementia.

This is one of our 4 centres across Worcester & Malvern Hills. Each centre is led by trained and experienced staff and volunteers, in an ideal environment.

# Am I eligible to join the group?

Anyone who has a suspected or confirmed diagnosis for dementia.

There is no need for a confirmed diagnosis. Everyone is welcome at our centres.

The meeting centres work best when a family member or a carer comes along, although, you can choose not to stay if you prefer.

# What happens at our meeting centres?

**Come along, meet old friends and make new ones!**



- Informative discussion groups
- Practical & emotional support
- Friendship & companionship
- Peer-to-peer support from other members
- One-to-one and group support for people with dementia & family/carers
- Professional speakers
- Singing, music, films & games
- Crafting and painting
- Gentle exercise and walks
- Visit places of interest